



Behavior Specific Praise



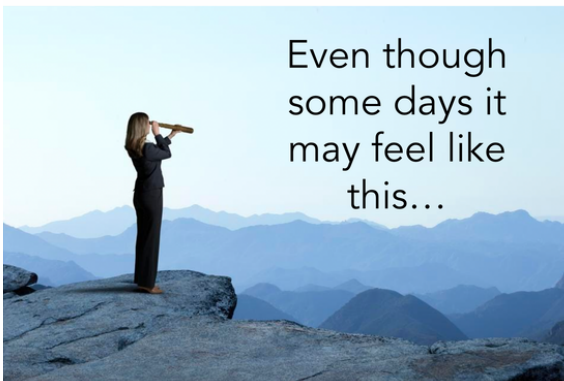
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DEFINITION

Providing positive praise that focuses attention on the exact behavior you want to reinforce.

We can ALWAYS find something to praise!

Look for opportunities to reinforce



WHY?

In order to shape the behavior you want, you must provide enough positive reinforcement for that behavior to become consistent. It is a great tool in business, sports, and even at home, [but especially in schools.]

-Aubrey Daniels

- BSP prompts other students in the class and reminds them of the expectations and what behavior you WANT them to do!
- BSP creates a POSITIVE WELCOMING environment.
- BSP can motivate students to have good behavior to "catch your eye" and get your attention instead of acting out to get your attention.

INFLATE POSITIVE REINFORCEMENT USING THE 4:1 RATIO

IMAGINE PRAISE AS A GIANT BRIGHTLY COLORED BALLOON, AND ANYTIME A CORRECTION IS GIVEN, ONE OF THOSE BALLOONS GOES POP!

THE BIGGER THE COLLECTION OF BALLOONS, THE LESSER THE IMPACT WHEN ONE BURSTS.

4:1 RATIO
...ensures the delivery of more positive statements than corrections.

VS.

RANDOM
...could result in a higher rate of criticism & less positive reinforcement.

@biasbehavioral

TEACHER BEHAVIOR

Research says for every 1 corrective or negative comment, we should have 4 behavior specific praise comments. Behavior specific praise is a teacher behavior that we can work to increase to reinforce positive behaviors we see in our classrooms.

4:1 RATIO PRAISE VS. CORRECTIONS
four simple strategies that work!

- MAKE A PLAN**
Establish a positive alternative behavior.
BEHAVIOR TO DECREASE: SCREAMING
INSIDE VOICE: INSTEAD LISTEN FOR
- USE A TIMER**
Pick an amount of time to focus on using the 4:1 ratio.
- SELF-MONITOR**
Decide how you will track praise vs. corrections.
- PAIR WITH A TANGIBLE** (if applicable)
Combine praise with other reinforcement systems.



HOW?

Give praise all day long! Each time you see a student sitting nicely, walking quietly in the hall, cleaning up their mess, walking into the building safely, TELL THEM!

If other students in your class are sitting nicely, point out their positive behaviors instead of correcting the negative behaviors of those who are not meeting expectations.

Everytime you deliver a token, it should ALWAYS be paired with behavior specific praise so the student knows why they are earning the token. In addition, some students may not "care" or find behavior specific praise necessarily reinforcing. However, research shows that when BSP is paired with other reinforcers, BSP alone, can eventually become a positive reinforcer for some students!

ADDITIONAL RESOURCES

Reinforcement (Increase / maintain behavior)	Token Boards	Reinforcement
Positive Reinforcement Add pleasant stimulus to increase / maintain behavior		
Negative Reinforcement Remove aversive stimulus to increase / maintain behavior		
#34		



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