



# Parent Implemented Intervention

# WHAT IS PARENT IMPLEMENTED INTERVENTION?

Parent Implemented Intervention (PII) is an evidence-based approach where parents or caregivers learn and apply strategies to promote their child's development within daily routines.

#### HOW TO:

- Planning
  - Conduct an assessment to identify the child's current skills and specific needs.
  - Set clear, measurable goals that align with the child's developmental needs.
  - Choose routines and activities (e.g., meals, playtime) where strategies can be naturally integrated.
- Parent Training
  - Train parents in specific intervention techniques, such as prompting, modeling, and reinforcing desired behaviors.
  - Use hands-on training sessions with roleplay, modeling, and feedback to ensure parents are comfortable with each technique.

#### • Implementation

- Parents apply learned techniques within daily routines, such as encouraging communication during meals or promoting social interaction during play.
- Maintain consistency by integrating strategies across various settings and activities.
- Monitoring and Adjustment
  - Track the child's progress regularly to determine if goals are being met.
  - Provide ongoing support and feedback to parents, adjusting techniques as needed based on the child's responsiveness and progress.





#### ADDITIONAL RESOURCES

- AFIRM (Autism Focused Intervention Resources and Modules): AFIRM provides evidence-based resources and training modules designed to support parents and caregivers of children with autism. The website offers practical strategies for implementing interventions at home, along with downloadable resources, videos, and step-by-step guides. Parents can access free online training to enhance their skills in promoting their child's development.
- Parent Training and Information Centers (PTIs):
   PTIs offer training and resources to help
   parents understand their rights and how to
   effectively advocate for their children with
   disabilities. These centers provide workshops,
   webinars, and personalized support.

## BENEFITS

- Enhanced Learning
   Opportunities: Daily practice leads to faster skill acquisition and improved generalization.
- Strengthened Parent-Child Connection: Parents engage actively in their child's learning journey.
- Increased Parent
   Confidence: Empowering
   parents improves their self efficacy and satisfaction.
- Sustainable Support: Parents gain skills to continue supporting development beyond structured sessions.

### REMINDER

- Start Small: Focus on one or two strategies at a time to avoid overwhelming yourself and your child. Progress gradually as you gain confidence.
- Be Consistent: Consistency is key. Practice strategies in everyday routines and environments to help your child understand and generalize skills.
- Be Patient: Learning takes time, and each child progresses at their own pace.
   Celebrate small wins and stay encouraged by the progress, however gradual.













