



# Positive Behavior Supports



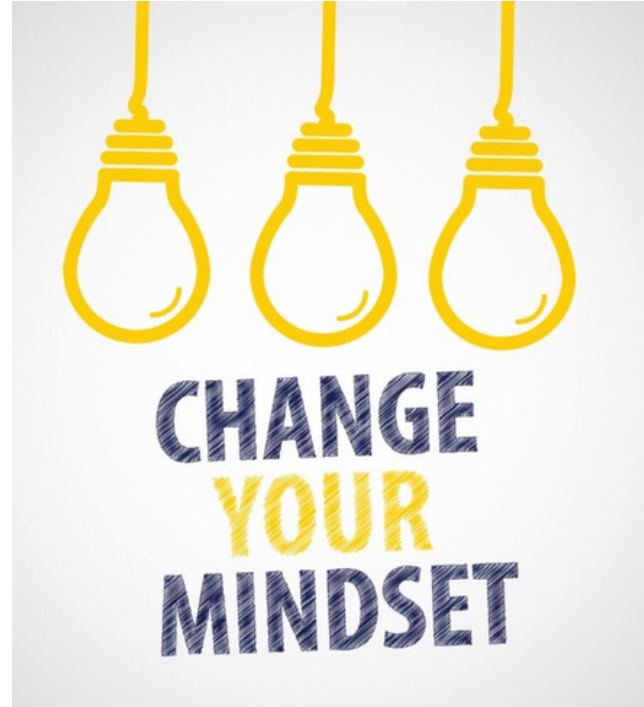
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## DEFINITION

Research based strategies used to increase positive behaviors and decrease problem behavior by teaching new skills and making changes in a person's environment.

## PBS GOALS

- Understand ALL behavior is communication
- Main focus should be on teaching new skills (replacement behaviors) not punishing the unwanted behaviors
- Implement proactive strategies (before behavior occurs) versus reactive responses to behavior
- Focus on the student **EARNING** reinforcement for positive behavior versus taking away for unwanted behavior.



## TEACH THE LEARNER

1. Identify the target behavior
2. Collect data to identify the function of behavior
3. Determine a replacement behavior that meets the determined function (gets the student what they want in a more appropriate way)
4. Model, prompt and provide opportunities for the student to practice the replacement behavior.
5. **REINFORCE**. We must reinforce every-time the student engages in the replacement behavior, even approximations to the goal.



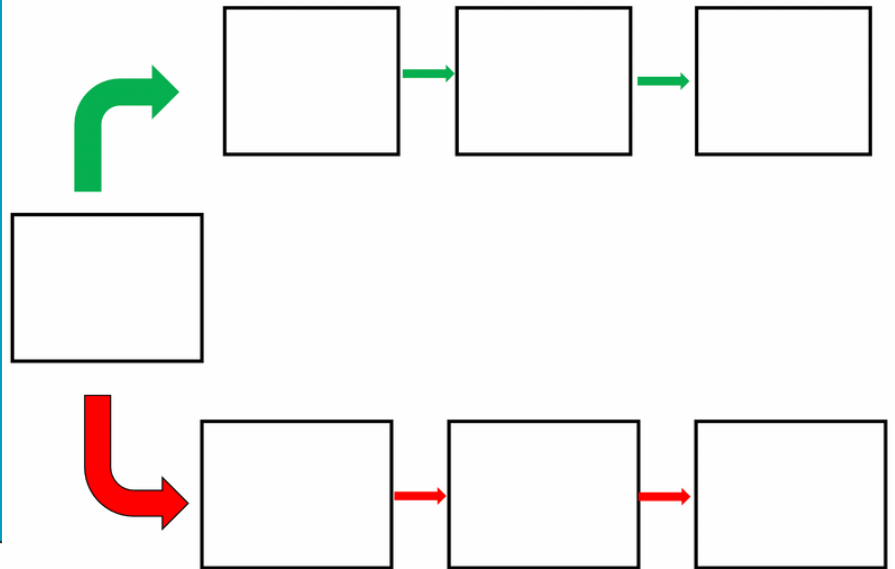


## EVIDENCE BASED PRACTICES TO UTILIZE

- Reinforcement
- Prompting
- Modeling
- Task analysis
- Social narratives
- Antecedent based interventions
- Functional Behavioral Assessment

### FEATURED RESOURCE

Contingency Maps are a great way to prompt students to choose appropriate behavior and show the outcomes of unwanted versus appropriate behavior choices.



### ADDITIONAL RESOURCES

FREE DOWNLOAD



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